Directions from Mint Hill / Matthews / Indian Trail:

- Take I-485 South/Inner towards Pineville
- Take Johnston Road North (US-21) Exit 61A
- At the 1st stoplight, turn left onto North Community House Rd. You will see Sticky Fingers and Ruby Tuesday restaurants
- Go through Round-a-bout and continue straight on North Community House Rd. until it ends (directly in front of Pike's Nursery)
- When the road ends, turn right and then make an immediate right into the parking lot for building 12610.
- Our office is on the 2nd floor, suite 200 (We share office space with V Pain Clinic)

Directions from Rock Hill / Fort Mill/Gastonia:

- Take I-485 Outer towards Pineville
- Take Johnston Road Exit 61
- Make a left onto Johnston Road (US-21)
- At the 2nd stoplight, turn left onto North Community House Rd. You will see Sticky Fingers and Ruby Tuesday restaurants
- Go through Round-a-bout and continue straight on North Community House Rd. until it ends (directly in front of Pike's Nursery).
- When the road ends, turn right and then make an immediate right into the parking lot for building 12610.
- Our office is on the 2nd floor, suite 200 (We share office space with V Pain Clinic)

Directions from North Charlotte/University:

- Take I-85 South to I-77 South
- Merge onto I-485 Outer towards Pineville
- Take Johnston Road Exit 61
- Make a left onto Johnston Road (US-21)
- At the 2nd stoplight, turn onto North Community House Rd. You will see Sticky Fingers and Ruby Tuesday restaurants
- Go through Round-a-bout and continue straight on North Community House Rd. until it ends (directly in front of Pike's Nursery).
- When the road ends, turn right and then make an immediate right into the parking lot for building 12610.
- Our office is on the 2nd floor, suite 200 (We share office space with V Pain Clinic)

Directions from central Charlotte Area:

- Follow Park Road South out of the city until you reach the Pineville area
- When Park Road turns right (3 blocks after South Mecklenburg High School) continue straight on Johnston Road
- Continue on Johnston Rd past Hwy 51 (Pineville-Mathews Road) until you reach North Community House Road (You will see Sticky Fingers and Ruby Tuesday restaurants)

- Make a right onto North Community House Rd.
- Go through Round-a-bout and continue straight on North Community House Rd. until it ends (directly in front of Pike's Nursery).
- When the road ends, turn right and then make an immediate right into the parking lot for building 12610.
- Our office is on the 2nd floor, suite 200 (We share office space with V Pain Clinic)